Libraries Lof Emotions



Libraries of Emotions[©] (LOE) in Europe A new path to capture audiences and support social transformations in Europe













Building the "Libraries of Emotions"

The "Libraries of Emotions" project is an initiative between the social enterprise Love for Livres, four European public libraries in Belgium, Poland, Kaunas, and Kranj, and the advocacy association Public Libraries 2030. The project aims to support the European Public Library Network to adapt their practices to the digital environment and support libraries' mission to:

- Promote reading and establish innovative ways of reading
- Celebrate cultural diversity
- Combat social discrimination.

The project is based on a shared vision between the partners and connects the European network of the four public libraries involved to jointly develop new skills and approaches to encourage the search for books through emotions.

The <u>Love for Livres</u> online portal allows users to browse and select literature, highlighting European authors, according to six

fundamental human emotions: love, joy, surprise, sadness, anger and fear. Emotion tags allow users to choose books easily, and in a way that is personal to them.

Added to this online resource, are the physical "Libraries of Emotions" book corners with emotion symbols to guide users in their book selections. The corners also encourage them to move the books from one section to another if they have different emotions about them.



Bibliotherapy in libraries

Bibliotherapy sessions are a key feature of this exciting new project. With the help of a mentor and the "Libraries of Emotions" corners, participants have the chance to talk about and explore their life experiences. With emotions at the centre of the reading experience, reading becomes simpler and easier to understand and exploring inner thoughts is facilitated through this. The final goal of the experience is to have a positive impact in the lives of the readers by helping them connect to their emotions.

These bibliotherapy sessions are based on neurocognitive approaches and follow a protocol created by Love for Livres.

The project supports individuals, strengthens the development of local communities and promotes a new way for people to choose books and read. The different experiences of the four European countries will give valuable insight into the implementation of bibliotherapy in different cultures and place

public libraries at the heart of sharing reading experiences.

Key outputs:

- A bibliotherapy methodology toolkit
- A practice-based report on the impact of bibliotherapy
- Libraries of Emotions corners in libraries
- Love for Livres web portal with tailored versions in English and the languages of the four partner libraries.

Get involved and share with your networks:

- Share your views on social media #LibrariesofEmotions
- Sign up to our newsletter: <u>https://loveforlivres.</u> substack.com
- Visit our project website: <u>http://www.euloe.</u> loveforlivres.com







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More information on: (www.librariesofemotions.eu

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